

Unconscious Bias - An e-Learning Module

Key learning objectives:

- Gain an overview of the different types of unconscious bias
- Learn the business case for developing a greater understanding of unconscious bias
- Raise awareness of the research behind unconscious bias
- Consider how our unconscious biases can affect our view of someone's status
- Learn that what we perceive may not be reality
- Understand the impact of allowing biases to run unchecked

45 mins of e-Learning

POA

An engaging and interactive e-Learning programme designed to give participants a fuller understanding of Unconscious Bias

Course Content

- ▶ An introduction to biases
- ▶ How biases can impact in the workplace
- ▶ How biases can affect us all
- ▶ The impact of subliminal messages on our thinking and behaviour
- ▶ Why organisations are taking this seriously
- ▶ It's okay to have biases, but it's not okay to allow them to impact our decision making in the workplace

Understanding our Biases

- ▶ Some research
- ▶ Shocks in society – the impact of biases
- ▶ Understand perceptions
- ▶ Personal action planning

